



Compassionate Grief Centre

where hope changes everything

SUPPORT TO OVER 700 PEOPLE

238 clients
in private
counselling

8 Grief
Groups
70 Clients

25 cancer
clients
78 sessions
1 support
group

8 -10 people
attending the
Grief Cafe each
week

5 Adults
with ID in
counselling
each week

165 Fundy
Funeral Home
Clients
Serviced

3 Grief 101
Educational
Sessions to
35 People

6 Financial
Empowerment
Sessions to
140 people



Testimonial



"I recently experienced the compassionate support of your counselling service, and I can't express how grateful I am for the understanding and guidance during a difficult time.

My counsellor was empathetic, patient, and provided valuable tools to navigate the grieving process. I would recommend your services to those seeking help and healing."

TESTIMONIAL

"Your receptionist is very welcoming and friendly. My therapist has a golden ear. I feel very comfortable sharing my pain with her and she has good suggestions. Happy that I was referred to this Centre...thanks !!!



A Client

TESTIMONIAL



"I never thought I would be able to sit in a group and talk about my loss. But I have met wonderful people. And to have the space, a place to go to have coffee and be with others going through loss, it's not heavy it's welcoming. and kind. I'm very grateful for this opportunity."



TESTIMONIAL



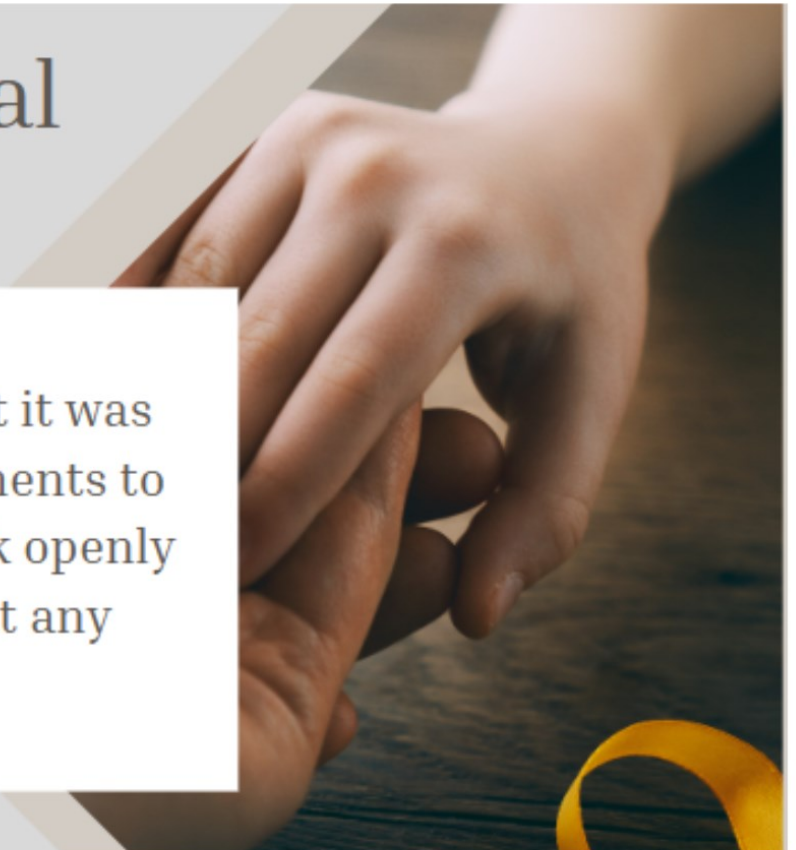
"The Grief Cafe is a safe place to be open and real with others in grief. Everyone there is grieving, and everyone understands the overwhelming pain of loss. I find the experience comforting and reassuring. Uplifting even."



Testimonial



"What a wonderful gift it was after my cancer treatments to have a safe place to talk openly and honestly without any judgement."



TESTIMONIAL

*"I'm a mom to an amazing four-year old boy,
a partner to a loving spouse, and a nurse.*

*Accessing grief counselling at the
Compassionate Grief Centre has been one of
the most instrumental parts of healing my
soul from the pain, trauma and sadness that
we experienced through the loss of our son. I
have been to return to work and learn how to
exist and grow around my grief.*

*Having my feelings normalized and being
reassured that everything I was thinking and
feeling was normal was truly life-changing in
the way that it helped me to process my grief.*

*From the bottom of my heart, thank you
Fundy Funeral Home for the opportunity to
access counselling at the Compassionate Grief
Centre."*